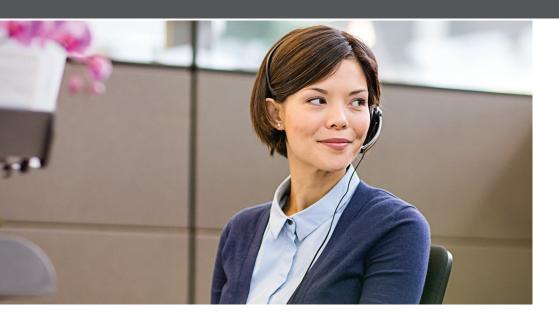


## Corporate health for global employers A holistic approach to supporting workforce productivity

**Corporate Health** 



We provide culturally attuned health and wellbeing services. Because when employees are healthier and more productive, so are their employers.

## Integrated support for health and wellbeing

Optum offers a fully integrated suite of services encompassing behavioral health, preventive services and digital engagement. We help companies in 150 countries unify their strategy for creating a culture of health and well-being, wherever their employees are.

Employee Assistance — 150 countries served	
<ul><li>Training</li><li>Critical incident</li></ul>	<ul><li>Work/life</li><li>Counselling</li></ul>
 Wellness Services — 70 countries served	
<ul><li>Biometrics and on-site events</li><li>Wellness coaching</li></ul>	
<b>Digital Health Engagement (Optum My Wellbeing)</b> — Available in 10 languages	
<ul> <li>Real-time individual health score</li> <li>Personalized goal setting and tracking</li> </ul>	<ul><li>Individual and group challenges</li><li>Digital health coaching</li></ul>

## optum.com/globalemployers

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